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Next year, Rotary takes a step toward supporting peacebuilding in the Middle East and North Africa region when recruitment begins for our newest peace center in partnership with Bahçeşehir University (BAU) in Istanbul.

A series of events in the coming year will recognize the new center at BAU and Rotary's work to promote peace. The 2024 Rotary International Convention in May will mark 25 years since the first Rotary Peace Centers were announced — coincidentally at the Rotary Convention in Singapore in 1999. Recruitment for the first cohort of Rotary Peace Fellows at BAU also starts in 2024, and selected candidates will begin their program in early 2025.

Since its beginning, the peace centers program has prepared more than 1,700 peace fellows working in more than 140 countries to create a more peaceful world. That is certainly worth celebrating, but Rotary Peace Fellows are more than statistics on a page. Their actions have helped Create Hope in the World and will continue to do so.

For example, Jennifer Montgomery and Gorett Komurembe — peace fellows from the program at Makerere University in Uganda — are co-founders of Magenta Girls Initiative. The international non governmental organization equips Ugandan girls and young women with the support and tools to overcome harmful gender norms, generational poverty, gender-based violence, trafficking, and trauma.

Ndzi Divine Njamsi, another peace fellow who studied at Makerere, has taken lessons learned about Positive Peace and is sharing them with students of his own in Cameroon. He became interested in the Rotary Positive Peace Activator training program after witnessing extremism, online hate speech, and violence in Cameroon. Since completing the program, he has brought his lessons on peace to students at the Yaoundé International Business School and other organizations in the Central Africa country.

The world needs more people like the graduates of the program at Makerere and our other peace fellows. To that end, we can all advance peace by encouraging our local peacebuilders to learn more about Rotary and apply for this impactful fellowship. Rotary members can also mentor candidates for the fellowship. Or you can work with peace fellows who have already graduated. They probably have an initiative or two that would benefit from your help.

Our peace centers in North America, Europe, Africa, Australia, and Asia depend on financial support as well. The program at BAU was made possible thanks to a generous gift of \$15.5 million to The Rotary Foundation from the Otto and Fran Walter Foundation.

This new Rotary Peace Center will offer a one-year professional development certificate in peace and development studies for fellows focusing on peacebuilding within the Middle East and North Africa region.

Peace must be waged persistently; it is the soil where hope takes root. But as with any journey, we take one step at a time. Let's take those steps together.



R. Gordon R. McInally
President 2023-24

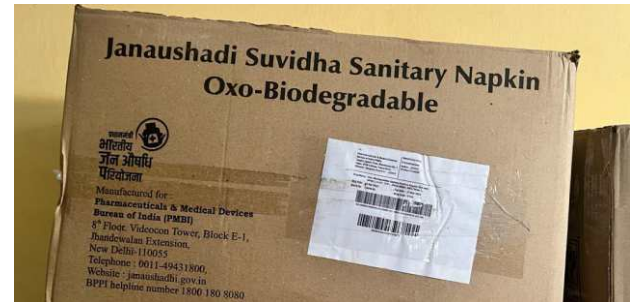
Check the activities of Rotary Club Chandigarh Central at www.rcchandigarhcentral.rotaryindia.org

"World Record for distribution of Sanitary Pads"

**in 24 Hours by Chandigarh Welfare Trust and NID Foundation
1st and 2nd October, 2023**

Chandigarh Welfare Trust and NID foundation attempted to create World Record regarding distribution of Biodegradable sanitary napkins to different NGOs in 24 hours. Our club team members were observers of the counting process at Mahajan Bhawan, Sector 37 Chandigarh. They gave duty up to late night on 1st October 2023. As many as 1.25 lakh packets of sanitary napkins were counted. Each packet comprised of 4 sanitary napkins taking the total count of sanitary napkins to 5 lakhs. Finally, they were able to create world record and got their name registered in "Guinness Book of World Record" on 2nd October 2023. Mr. Rishi Nath, official adjudicator, Guinness World Records, awarded the certificate to CWT founder and chief patron NID foundation Sh. Satnam Singh Sandhu in the ceremony at Mahajan Bhawan, sector 37, Chandigarh which was attended by a huge number of community leaders, members of different NGOs and religious leaders. Chandigarh Welfare Trust and NID foundation dedicated this world record to the 73rd birthday of PM Modi for his immense contribution towards ensuring affordable access to sanitary napkins for adolescent girls and women and his efforts for the empowerment of women.

During this ceremony, the sanitary pads were handed over to various NGOs and social organisations to further distribute in communities and colonies. Our club also received 103 boxes, each containing 1000 sanitary pads, total 1,03,000 pads as gift for distribution among urban & rural Government schools of Chandigarh as part of 'Kanyavrat' campaign launched by Chandigarh Welfare Trust (CWT) and NID Foundation.





BLOOD DONATION CAMP

Chandigarh University, Gharuan, Chandigarh - Ludhiana Highway

"It is said that blood is one of the most priceless gifts one can give to another. Blood is essential for a person to stay alive."

Voluntary blood donation camp was organised at Chandigarh University, Gharuan in collaboration with Rotary Club Chandigarh Central on 5th October 2023 jointly with "Homi Bhabha Cancer Hospital & Research Centre (A project of Tata Memorial Centre) & Rajindra Medical College & Hospital Patiala. A total of 261 units of blood was collected by both the agencies.

Blood is the main reason we all are alive; the blood (RBC) carries oxygen from the lungs to all the parts of our body. The moment this process is hampered, a person's life is in danger. That's why during many accident cases, the victim dies due to excessive blood loss or brain haemorrhage. That's why sometimes you'll notice that the hospital is asking the family of the patient to collect blood. If the proper amount of blood isn't given to the patient's body, then they might die. People who donate blood not only do noble work but also save a person's life when it's needed. We are thankful to students & management of Chandigarh University especially our own member Rtn Wg Cdr (Dr) JS Minhas (Retd.), Additional Director, Social Welfare Services Cell in the Chandigarh University.



Meeting 1777 and Thanks giving Dinner on 6th October

MINUTES OF MEETING OF BUSINESS MEET NO. 1777 ALONG WITH FELICITATION MEET HELD ON 06-10-2023 AT DSOI, SECTOR 36, CHANDIGARH

After following all protocols of Rotary, President greeted everybody present there especially the Chief Guest Sh. Satnam Singh Sandhu, Founder of Chandigarh Welfare Trust- cum- Chancellor Chandigarh University, other dignitaries from CU, donors and CSR donors of RCCC.

Then he congratulated all Rotary members for successful organisation of Prosthetic Limb camp of '**EK HAATH AASHA KA**' and '**EK KADAM AASHA KA**' from 23rd September to 27th September 2023. He informed that during this camp our club provided prosthetic hands and legs to beneficiaries. Further, he informed that we have been organising this type of camps for the last two years with the wholehearted support of Chandigarh Welfare Trust, NID foundation and Chandigarh University Gharuan. The signature project of club 'Ek Haath Aasha Ka' was conceived by PP Rtn Ashish Midha during the RY 2021-22. Later, the project was extended to prosthetic legs as 'Ek Kadam Aasha Ka'. These projects were carried forward by IPP Rtn Bhupinder Singh Kapur during RY 2022-23 successfully.

Now, in RY 2023-24, the four days camp was organised on 23rd, 24th, 26th and 27th September 2023 with wholehearted support of all Rotarians of RC Chandigarh Central who were available to the organising team at single call and were ready to take any responsibility or duty assigned to them with smiling face and sense of service beyond self. These camps were organised in collaboration with Rotary Club of Poona Downtown (RID 3131), Community Eye Care Foundation and Ellen Meadows Prosthetic Hands Foundation of USA for LN4 mechanical hands. For prosthetic legs, we collaborated with Shri Bhagwan Mahaveer Viklang Sahayata Samiti (Jaipur Foot). During this camp 58 LN4 hands and 130 Legs were fixed to beneficiaries. Till date prosthetic hands have been provided to around 1600 and legs to 250 beneficiaries.

No project is possible without funds. Whole hearted gratitude was paid to CSR donors without their generous support, this project would not have been possible. They are:

Sh. A.S. Randhawa ji of International Switchgears

Rtn R.S. Nibber of Pritika Industries

Rtn Anil Sharma of Winsome Textiles and moreover, he arranged donation of Rs. 1 lac from another firm.

In addition, RCCC was also thankful to following donors for their contributions:

M/s Gujral Sons

Mr. Surinder Choudhary

Mr. Gurvinder Puri

Mr. Naveen Bansal

Mrs. Madhu Sharma from Delhi

Above all, Sh. Satnam Singh Sandhu, Founder of Chandigarh Welfare Trust- cum- Chancellor Chandigarh University is instrumental in this project. Apart from providing venue for the camp, he provided all furniture, computers, banners, food & tea for Rotarians and beneficiaries & their attendants, stay arrangements for out station persons related to camps, physio therapist volunteers, nurses, NSS students and what not.

In addition, Sh. Arvinder Singh Kang, Executive Director (Students Affairs and Support Services) & Dean (Students Welfare),

Dr. Harjot Singh Gill, Director University Institute of Engineering and

Rtn Wg Cdr (Dr.) J.S. Minhas, Additional Director (Social Welfare Services Cell) of Chandigarh University

were always present for us for any type of help we required for this camp. Without the wholehearted support of all of them, students and staff of Chandigarh University, these camps would not have been possible.

After paying gratitude, all were felicitated with planters, shawls, plaques and pencil sketch of Sh. Satnam Singh Sandhu, abstract painting and poem in his honour written by Mrs. Vandana Bhatnagar. RCCC especially thankful to Ms Aeshna daughter of Mrs Vandana & Rtn Vebhu Bhatnagar ji for preparing a pencil sketch and abstract painting of Sh. Satnam Singh Sandhu ji. Moreover, we are also thankful to Mrs. Vandana ji second lady of club for writing beautiful poems in honour of Sh. Satnam Singh Sandhu ji and on our signature project of Prosthetic Limbs. She recited both the poems herself very beautifully.

With this, the meeting was adjourned with thanks to all who were present and all were requested to enjoy fellowship





Distribution of Sanitary Pads to Different Government Schools of Chandigarh On 12th October 2023

Lack of menstrual hygiene management is a major reason for majority of the girls' skipping schools during their periods and eventually dropping out at an early age and missing out on their education. Menstruation and menstrual hygiene related discussions are still not common in the Indian villages and across a large section of the urban society even now. Out of the 355 million reproductive age women and girls in India, only 12 percent use sanitary pads during their periods. The rest of them resort to old cloth pieces, husk, ash, dried leaves and grass or newspapers. Shocking! Isn't it? More shocking is the fact that these unhygienic and unsanitary practices lead to a lot of infections such as fungal infections, urinary tract infection, cervical cancer etc. which can cause infertility and even death as per survey.

Espousing the vision of the Prime Minister Shri Narendra Modi ji towards ensuring menstrual hygiene and affordable access to sanitary napkins and as per the requirements of District Education Officer, UT Chandigarh our Club handed over 93000 sanitary pads to Sh. HPS Brar Director School Education UT Chandigarh for distribution to Government Schools of Chandigarh on 12th October 2023 at Govt. Girls Model Senior Secondary School, Sector 18 (Opposite Tagore Theatre) Chandigarh. These pads were donated by Chandigarh Welfare Trust and NID Foundation on 2nd October 2023. Education department was very thankful to Chandigarh Welfare Trust, NID Foundation and RC Chandigarh Central for noble cause.



"Donation of Special Wheel Chair to Child of Special Needs"

18th October 2023

A child with special needs requires tailored support and understanding. Their unique challenges can encompass physical, cognitive, or emotional differences. To provide the best care, it's crucial to create an inclusive environment that fosters their development and well-being. Collaborating with educators, therapists, and healthcare professionals is vital in designing an individualized education plan (IEP) to meet their specific needs.



Patience and empathy play a significant role in ensuring the child's social and emotional growth. Ultimately, every child, regardless of their special needs, deserves love, respect, and opportunities to thrive.

A special wheel chair which was tailor made as per special requirements of differently abled child donated by Rtn Sarvjit Rai was handed over to the family of Baby Sargam 4.5 yrs old child by R C

Chandigarh Central at the residence of Rtn Sarvjit Rai. The cost of the chair is Rs. 28000. RCCC is very thankful to Rtn Sarvjit Rai for arranging this special chair and the hospitality at his residence.



Installation of Interact Club of Government Model Senior Secondary School Sector 21 Chandigarh on 25th October 2023

Glimpses of installation of Team for the year 2023 -24 of Interact Club at Government Model Sr. Sec. School, Sector 21-A, Chandigarh. Interact Club of GMSSS- 21 is an old affiliated Interact club of RC Chandigarh Central.



Distribution of high protein food packets to TB Patients

27th October, 2023

Tuberculosis (TB) is a contagious bacterial infection that primarily affects the lungs but can also impact other parts of the body. It spreads through the air when an infected person coughs or sneezes. TB can be treated with antibiotics, but it can be challenging to cure if left untreated. People with tuberculosis should avoid certain foods like alcohol, sugary foods and processed foods, which can weaken the immune system and make it harder to fight off the infection.

Protein is crucial for the growth, repair and maintenance of tissues in the body, and TB patients require more protein to aid recovery. Protein-rich foods like eggs, lean meat, poultry, fish, beans, lentils and nuts are excellent sources of protein. Consuming protein-rich foods can help prevent muscle loss, promote healing and strengthen the immune system.

70 TB patients of Palsora area, Chandigarh attached to DOT centre sec 56 Chandigarh were given High protein diet packets. TB patients often require extra calories to help aid recovery. Consuming high-calorie foods can provide the necessary energy. TB patients may experience loss of appetite, nausea and weight loss, which can lead to weakness and fatigue. Consuming high-energy foods like smoothies, soups and stews can provide the necessary nutrients in an easily digestible form. These foods can be rich in carbohydrates, protein and healthy fats, providing the necessary energy to aid recovery and prevent further complications.

अब टी.बी. से होगी तेज लड़ाई
क्योंकि डाट्स (टी.बी. की दवा में आया नया बदलाव)

टी.बी. के उपचार
एवं निदान हेतु रोगियों के लिए (Daily Regimen)
यानि रोजाना खुराक की शुरुआत हो गई है

टी.बी. हारेगा, देश जीतेगा
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राष्ट्रीय स्वास्थ्य मिशन
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Meeting 1778

MINUTES OF BUSINESS MEET NO. 1778 OF ROTARY CLUB CHANDIGARH CENTRAL HELD ON 27-10-2023

A. Information of following meetings, events and projects held after meeting no. 1777 held on 06-10-2023 was shared with members

1. Sanitary Pads distribution: Chandigarh Welfare Trust and NID Foundation under the leadership of Sh. Satnam Singh Sandhu Chancellor Chandigarh University distributed 1.25 Lac Sanitary pad packets containing 5 Lac sanitary pads to different NGOs on 2nd October in 24 hours and created World Record by Registering their name in Guinness Book of Records. Our club was associated with them in counting. Our six Rotarians gave duty up to late night on 01st October as observer of counting process. Chandigarh Welfare Trust and NID Foundation gave RCCC 103 boxes containing 25750 packets each containing 4 pads i.e., total 1.03 Lacs pads. We distributed 93000 pads to different Government Schools on 12-10-23 through Sh. HPS Brar Director School Education UT Chandigarh. Kept 7 boxes in reserve for future urgent requirements. Gave three boxes (3000 pads) to Inner Wheel Club of Chandigarh Central for distribution by them.
2. DONATION OF SPECIAL WHEELCHAIR to CHILD of SPECIAL NEEDS on 18th October 2023

A special wheelchair which was tailor made as per special requirements of differently abled child donated by Rtn Sarvjit Rai was handed over to the family of Baby Sargam 4.5 yrs old child by RC Chandigarh Central at the residence of Rtn Sarvjit Rai. The cost of the chair is Rs. 28000. RCCC is very thankful to Rtn Sarvjit Rai for arranging this special chair and the hospitality at his residence.

3. Installation of Team for the year 2023 -24 of Interact Club at Government Model Sr. Sec. School, Sector 21-A, Chandigarh on 25-10-23. Interact Club of GMSSS- 21 is an old affiliated Interact club of RC Chandigarh Central.
4. Distribution of high protein diet packets to TB patients at DOT Centre, Sector 56, Chandigarh on 27th October 2023

70 TB patients of Palsora area, Chandigarh attached to DOT centre sec 56 Chandigarh were given High protein diet packets. TB patients often require extra calories to help aid recovery. Consuming high-calorie foods can provide the necessary energy. TB patients may experience loss of appetite, nausea and weight loss, which can lead to weakness and fatigue. Consuming high-energy foods like

smoothies, soups and stews can provide the necessary nutrients in an easily digestible form. These foods can be rich in carbohydrates, protein and healthy fats, providing the necessary energy to aid recovery and prevent further complications.

B. Information regarding forthcoming projects / events was shared with members:

1. Installation of new Interact Club of Sri Guru Gobind Singh Public School Sec 35 Chandigarh on 2nd November Thursday at 11:15AM.
2. Pre Diwali celebrations on 3rd November Friday at Burj Fateh Greens Farmhouse of Rtn Baljit Singh Sandhu Chapparchiri 07:00 PM onwards.

C. The matter regarding foreign tour was discussed with members. Members suggested that foreign tour should be of 5N+6D. The destinations suggested are Vietnam OR Uzbekistan. Some members were of the view that it should be within India only. The period suggested is first half of February 2024.

Meeting ended with thanks to all present and all were invited to enjoy fellowship.





6th November	Rtn. Charu Midha
7th November	Rtn. Harjeet Singh Saggi
8th November	Rtn. Vandana Midha
12th November	Rtn. Ankush Gupta
14th November	Rtn. Sukhmani Riar
19th November	Rtn. Sanjeev Kumar Mangla
20th November	Rtn. Dhanwant Singh Virk

04th December	Rtn. Inderpreet Singh
05th December	Rtn. Ashok Bansal
07th December	Rtn. Vivek Goyal
09th December	Rtn. Rakesh Kapila
21st December	Rtn. Navjit Singh Aulakh
25th December	Rtn. Sandeep Bansal
31st December	Rtn. Manish Aggarwal



04th November	Rtn. Jasbir Singh Minhas
12th November	Rtn. Rajiv Aggarwal
17th November	Rtn. Aman Kapoor
18th November	Rtn. Sukhraj Singh Riar
23rd November	Rtn. Rajneesh Gupta
23rd November	Rtn. Rtn Dhanvant Singh Virk
25th November	Rtn. Ashok Kumar Gupta
25th November	Rtn. Ved Parkash Sharma
26th November	Rtn. Ajay Sharma
26th November	Rtn. G.S. Bal
26th November	Rtn. Rupinder Kaur Bal
26th November	Rtn. Kapil Kakkar
27th November	Rtn. D.S. Saini

03rd December	Rtn. Jagdish Mohan Bansal
05th December	Rtn. Divij Nanda
05th December	Rtn. Ashita Nanda
07th December	Rtn. S.K. Checker
07th December	Rtn. Sandeep Bansal



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